



## **FOR IMMEDIATE RELEASE**

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## **NY Mental Health Center Welcomes Esteemed Psychiatrist Dr. Avreliya Shapiro to Lead Psychiatry Expansion**

New York, NY – NY Mental Health Center is pleased to announce the addition of Dr. Avreliya Shapiro, MD, as the newest member of its expanding team. Dr. Shapiro, a highly accomplished and board-certified psychiatrist, brings a wealth of expertise to the organization as it broadens its services to include psychiatric care.

Dr. Shapiro joins NY Mental Health Center with an impressive background in psychiatry, leadership, and clinical education. She previously served as Chief Psychiatrist at Talkiatry, where she supervised a team of over 50 psychiatrists in the NY and NJ region. Her extensive experience includes outpatient psychiatric care, emergency psychiatric evaluations, resident supervision, and medical education at esteemed institutions such as Maimonides Medical Center and Zucker Hillside Hospital. Dr. Shapiro also holds active medical licenses in both New York and New Jersey and is board-certified by the American Board of Psychiatry and Neurology.

Until recently, NY Mental Health Center has been recognized as a premier provider of teletherapy services in New York, featuring highly experienced PhD-level psychologists. With the addition of Dr. Shapiro and her team, the organization now extends its high-caliber mental health services to include psychiatry, ensuring that New Yorkers have access to comprehensive mental health care under one roof. Just like its therapy services, the psychiatry team will accept several types of insurance, making expert psychiatric care more accessible to those in need.

“Dr. Shapiro’s dedication to patient-centered care and her leadership in the psychiatric field make her an invaluable addition to our team,” said Corry Prohens, Practice Director at NY Mental Health Center. “With her expertise, we are excited to expand our practice and offer our patients the full spectrum of mental health support, from therapy to psychiatric care.”

Dr. Shapiro has also been actively involved in medical education, having served as a Clinical Professor of Psychiatry at SUNY Downstate Medical Center and an Associate Professor of Psychiatry at Hofstra Northwell School of Medicine. She has lectured extensively on topics such as attachment theory, patient retention, and clinical efficiency strategies.



With this expansion, NY Mental Health Center reaffirms its commitment to providing accessible, high-quality mental health care to the diverse communities of New York. For more information about the new psychiatry services or to schedule an appointment, please visit [www.NYMentalHealthCenter.com](http://www.NYMentalHealthCenter.com) or contact (844) 263-0400.

## **About NY Mental Health Center**

NY Mental Health Center is a leading provider of mental health services in New York, specializing in teletherapy and telepsychiatry. With a team of experienced psychologists and psychiatrists, the center is dedicated to delivering high-quality, evidence-based care to individuals seeking support for a variety of mental health concerns.

All mental health services are provided by Genovese Psychiatry Services PC.