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At NY Mental Health Center, we take immense pride in celebrating the achievements of our team members who make a difference in the lives of those they serve. As a leading provider of compassionate mental health care, we are committed to helping individuals thrive through teletherapy services. Today, we are thrilled to honor Dr. Maggie Stoutenburg, as she receives the 2024 Unsung Hero Award from [NAMI-NYS](#)!

Dr. Stoutenburg's work at the Stratton VA Medical Center has been extraordinary. Through her compassion, expertise, and advocacy, she has empowered countless veterans on their journey to recovery. Her approach blends evidence-based practices with genuine human connection, ensuring every veteran feels seen, heard, and supported. Whether addressing PTSD, depression, or anxiety, Dr. Stoutenburg creates a safe space for healing, with patients often describing her as a source of hope and resilience.

The Unsung Hero Award, presented by NAMI-NYS (National Alliance on Mental Illness-New York State), recognizes outstanding service in mental health. NAMI, the nation's largest grassroots mental health organization, is dedicated to building better lives for individuals and families affected by mental illness. Their [annual Education Conference](#), where Dr. Stoutenburg will be honored, brings together professionals, advocates, and community members to advance education, awareness, and access to care.

This year's conference will take place on November 8-9, 2024, at the Desmond Hotel-Crowne Plaza Albany. Dr. Stoutenburg's recognition is a reminder of the importance of acknowledging those who work tirelessly behind the scenes to support mental health recovery.

We couldn't be prouder of Dr. Stoutenburg. She exemplifies the power of compassion, expertise, and dedication in the mental health field. Please join us in congratulating her on this remarkable achievement and thanking her for her invaluable contributions.

To learn more about the work at NY Mental Health Center or to connect with a therapist, visit www.nymentalhealthcenter.com